

Learning in times of transition and crisis: experiencing the patterns of change

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In social work education we are dealing with problems caused by inequality, neo-liberal politics, our ecological footprint, (super)diversity, ... and we challenge those problems focusing on social development, social cohesion, empowerment, ...

We have to be aware that by this way of teaching we compose an antithesis in opposition to the thesis e.g. of neo-liberalism, and forget to work on a synthesis in order to fulfil the dialectic process and come to deep sustainable change. That is why we feel increasingly sceptical about the 'make-ability' of society by methodically planned processes.

David Bohm suggests in *'Thought as a System'* that our mental models (re-) create the world. He stresses the systematic nature of thought: *"What I mean by "thought" is the whole thing – thought, felt, the body, the whole society sharing thoughts – it's all one process, one 'system'. (...) A system is constantly engaged in a process of development, change, evolution and structure changes...although there are certain features of the system which become relatively fixed. We call this the structure..."*

Change and transition doesn't come out of learning and opposing those structures. Real 'deep' learning is caused by changing our mental models in order to create flow in problematic 'structures'.

Systemic constellation work is an efficient method for creating flow in structures. Participants use their possibility of inner (mental) change to unblock the past of a structure (organization, society, ...) and to open a new future. The possibility of representing stakeholders, values, vision, helpers and demons, ... of a structure and 'sensing' the importance of the organic systemic principles generates flow and generates new inner and outer consciousness to all participants.

In this workshop you can participate in a systemic constellation to experience the structures and the patterns of change. Together we build a dialogue based on those experiences and the felt possible pathways of transition.